

Being a Spiritual Parent & Partner

Many of us seek a partner in life, someone to share our lives, our dreams and to grow together. To develop an intimate loving & sexual relationship, and perhaps to create and nurture children. Relationships can vary with type of partner, length and intensity. They can change at different stages of our lives. They bring us joy and give our lives meaning, but they also show us our weaknesses, push our buttons, and if we are unbalanced, these relationships can become negative experiences. A spiritual approach will help us develop communication and trust and balance our male and female energies to fully explore this fundamental human need.

Being a parent is the opportunity for many of us to fulfill a natural urge and completeness. However as a parent, we are tested by the challenges of the child's character, conditions and health. When our partnerships, homes and work are in transition, bringing up children can also be challenging.

Directly or indirectly, we all play the role of a parent sometime in our lives – as a natural parent, step or foster parent, grandparent, and sibling or friend of a parent. As well as, for instance, a teacher or care worker. A spiritual approach will allow us to understand what's best for the whole, for all concerned, whatever the situation.

A 'Spiritual Parenting & Partnerships' workshop will be held at The Self Realization Meditation Healing Centre, Saturday March 20th 2010 between 10am – 5pm.

To book a place visit www.selfrealizationcentrecanada.com or phone 604 740-0898.

In addition, Healing & Counselling can also assist at looking spiritually at being both a parent & partner, and are available at the Centre in Halfmoon Bay.

Antony Fentiman, Healer.